Helm Woods Forest Preserve

157 Helm Road,
Barrington, IL 60010
Approx. 1.6 miles east of
IL Route 25

Acreage = 204
Total trail miles = 1/2

Information: (630) 232-5980
www.kaneforest.com
Hours: Daily, Sunrise-Sunset

Trail Information
- Central Loop Trail 1/2 mile, mowed