

PRESS RELEASE:

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Seniors invited on guided forest preserve walks, this fall

GENEVA, IL — Seniors, come along on a leisurely guided walk through natural areas in the Kane County forest preserves.

Each month, Forest Preserve District naturalists lead a hike as part of our “Senior Stroll” program series. Along the walk, attendees learn about the natural and cultural history of the area. “Senior Stroll” programs last about an hour, with social time and refreshments following the walk. These nature programs are free. Registration is not required.

The fall “Senior Stroll” series will start on Thursday, Sept. 7, from 10 a.m. - noon. This stroll will be held at Pingree Grove Forest Preserve, located at 14N187 US Route 20., Hampshire.

The October “Senior Stroll” moves to Dick Young Forest Preserve, located at 39W115 Main St., Batavia. This program is on Thursday, Oct. 5, from 10 a.m. - noon.

The November “Senior Stroll” program will take place at LeRoy Oakes Forest Preserve, located at 37W700 Dean St., St. Charles. This program is on Thursday, Nov. 2, from 10 a.m. - noon.

Save the date for our year-end gathering on Thursday, Dec. 7, from 10 a.m. - noon at the Barbara Belding Lodge at Brewster Creek, located at 6N921 Rte. 25, St. Charles. Bring a store-bought holiday dish to pass. We’ll share food, fellowship and festivities at this annual Senior Stroll tradition.

For more information call 630-444-3190 or visit www.kaneforest.com.

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