

PRESS RELEASE:

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Forest Preserve District of Kane County
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Forest Preserve District invites area seniors out for leisurely strolls

GENEVA, IL — Seniors, come along on a leisurely guided walk through natural areas in the Kane County forest preserves.

Each month, Forest Preserve District naturalists lead a hike as part of our Senior Stroll program series. Along the walk, attendees learn about the natural and cultural history of the area. Senior Stroll programs last about an hour, with social time and refreshments following the walk. These nature programs are free. Registration is not required.

The spring Senior Stroll series will start on Thursday, March 7, from 10 a.m. - noon. This stroll will be held at Camp Tomo Chi-Chi Knolls, located at 40W095 Freeman Rd., Gilberts.

The next Senior Stroll moves to Oakhurst Forest Preserve, located at 1680 Fifth Ave., Aurora. This program is on Thursday, April 4, from 10 a.m. - noon.

The May Senior Stroll program will take place at Rutland Forest Preserve, located at 41W230 Big Timber Rd., Hampshire. This program is on Thursday, May 2, from 10 a.m. - noon.

For more information call 630-444-3190 or visit www.kaneforest.com.

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